

O.A.R.S. American River Guest Registration Form

PLEASE COMPLETE ONE FORM PER PERSON AND RETURN IMMEDIATELY

Name	Tour Code:	Booking #:
Phone (Cell) ()	(Hm) () (W	k) ()E-mail
Address	City	State Zip
Birth date A	Age Height Weight	_ (Needed to fit your personal flotation device) Gender:
We reserve the right not to accept these requirements, please give us		r with a waist / chest size exceeding 56 inches. If you exceed
Emergency Contact (Please DO No	OT list yourself or someone else on the trip.)	:
Name:	Phone	Cell
What prior rafting or comparable of	utdoor experience do you have? When and v	vhere?
Do you have a special focus, expec	tation or concerns for this trip?	
Special Occasions (Birthday, anniv	versary, graduation, etc.):	
	ave this information in our office 30 days be any special requests with our office. We will	fore your trip. If you are booking within this time period, l do our best to accommodate your requests.
	or have you ever had any of the following?	
Heart problems/attacks	□ Hepatitis	\Box Urinary tract problems
□ Chest pain/pressure	□ Seizures	□ Muscular-skeletal problems
\Box Frequent shortness of breath	□ Overweight	□ Major hospitalization/surgery (within
□ Frequent dizziness	Currently pregnant	the last year)
□ Frequent fainting	Asthma/respiratory proble	
☐ High blood pressure	Diabetes/blood sugar prob	
Depression/anxiety	□ Recurrent/frequent headac	
□ Smoker	Ulcer/stomach problems	should be aware.
Please explain medical issue(s). F	Please be specific:	
Describe any limitations to your	mobility:	
Describe the exercise you do on a	weekly basis:	
Describe any mental health cond	itions for which you are being treated:	
Describe any environmental or d	rug allergies:	
List all medications you will be ta	aking while on your trip:	

Medical Notes

It is your responsibility to understand the rigors of this outdoor adventure and to represent to us that you are physically capable of participation. You understand your own health and fitness better than anyone and we are relying on you to provide accurate information. Special arrangements may be made to accommodate certain conditions if noted far enough in advance. You may be required to provide us with a note from your doctor clearing you for this trip. We appreciate your cooperation.

If you are allergic to insect bites or stings or if you are worried about anaphylactic shock, please bring your own epi-pens or other immune system management tool. We do not carry epi-kits.

If you are a smoker, you need to be mindful that second-hand smoke can be problematic in group settings. You will be asked to smoke well downwind of the group.

If you are concerned about being overweight, please call us. Our concerns include fitting you into the required personal floatation device, balancing boat weight and getting you back in the boat after an involuntary swim.

Dietary Information (Not applicable for half day trips)

Please list any dietary restrictions that may require additional planning. Due to limited packing space and the constraints of cooking for a large group, we ask that, if possible, you refrain from including dietary preferences (likes or dislikes).

Note: Not all trips include lunch. Refer to your itinerary for details about included meals.

Vegetarians please specify no red meat, poultry, pork, fish, dairy, eggs or vegan:

Allergies, other medical or religious restrictions:

If you have food allergies or restrictions, we will do our best to accommodate your needs. However, there may be an additional supplemental menu fee ranging from \$5-20 per person, per day to cover our increased costs. For food requests made within 30 days of your trip, we cannot guarantee availability of certain products.

River Park Adventure Campground

The River Park Adventure Campground is a great addition to your rafting adventure. Please visit the River Park Adventure Campground web page for detailed information on the options available: <u>www.oars.com/adventurecampground</u>.

Check-in for the River Park Adventure Campground is open from 5:00 - 8:00 PM. If you plan to arrive outside that time frame, please contact your Adventure Consultant now to make arrangements. If you are running late on the day of your arrival, please call and inform the office immediately.

If you have questions or concerns about camping at the River Park Adventure Campground, please call to speak to an Adventure Consultant: (800) 446-7238.

One night of free camping is included with your American River reservation. Additional camping can be reserved for \$10/person/night. Multi-day trips also include the night of camping between your two days of rafting.

Camping

- I would like to camp the night before my trip
- □ I would like to camp the night after my trip
- □ I would like to camp both the night before and after my trip (\$10/person)
- □ I will not be camping

If you are camping, the following equipment is available to rent at the River Park Adventure Campground. We understand that guests often bring their own gear; please select your option below. (A sleep kit includes a 3" thick inflatable sleeping pad, sleeping bag, sheet liner, small pillow, and ground tarp.)

Rental Gear

- □ I would like to rent a 2-person tent for \$30
- \Box I would like to rent a sleep kit for \$25
- \Box I would like to rent a paco pad for \$10
- □ I would like to rent a 2-person tent AND a sleep kit for \$55
- □ I would like to rent a 2-person tent AND a paco pad for \$40
- □ I do not need to rent any additional camping equipment

At O.A.R.S., we are proud to offer a limited number of beautiful and comfortable Platform Tents. The tents are set up before your arrival and sleep two people each. Each Platform Tent includes two cots, sleeping bags, pillows, and camp chairs. For more information on the Platform Tents, visit the River Park Adventure Campground web page: <u>www.oars.com/adventurecampground</u>.

Note: if you rent a platform tent, everything is included based on double occupancy; you do not need to rent any additional nights of camping or equipment.

The Platform Tents cost 100 + tax for the first night and 50 + tax for each consecutive night.

Platform Tents

- □ I would like to rent a Platform Tent for each night I am staying at the campground.
- □ I would not like to rent a Platform Tent

Payment Details

(multi-day trips only)

If you'd like to discuss payment options please contact your Adventure Consultant.

- □ Charge my credit card for final payment now
- □ Charge my credit card for final payment automatically 60 days prior to the trip

Credit Card Number	Expiration	Code (Amex only)	Name on Card

Please return to: O.A.R.S. P O Box 67 Angels Camp, CA 95222 209-736-4677 Fax 209-736-2902

3/27/2014 MZ