#### **BOY SCOUTS OF AMERICA - TROOP 805**

ACTIVITY INFORMATION FORM

### 50-Mile Bike Ride – Saturday, October 24, 2015

Sponsored by Wolverines

**What:** 50-mile bike ride through the beautiful San Ramon Valley. We will start

at Las Lomas High School, at the south end of Walnut Creek, and ride south through the San Ramon Valley to the small town of Sunol. The ride is mostly flat, with 417 feet of total elevation gain one way. We'll have

lunch in Sunol and return.

When: Saturday, October 24, 2015

Meet: 8:00 a.m. at Las Lomas High School, 1460 S Main St, Walnut Creek

Cost: \$10 for lunch

**Return:** Approximately 3:00 p.m. at Las Lomas High School.

**Uniform:** Appropriate cycling gear (e.g., Troop 805 cycling jersey)

**Details:** Appropriate cycling and safety gear is key. We will have a mandatory

bike and gear check at the Troop meeting on October 20.

**Prerequisites:** To be eligible for this ride, you must have ridden at least two rides totaling 50 miles with our troop this year, or can demonstrate the equivalent mileage on personal rides. (For example, a 10-mile, a 15-mile,

and a 25-mile ride, or the 2x25 ride.)

Questions: Mr. Gary, cell: (925) 518-9896, email: todd@thegarys.net

#### Return the permission slips to your Patrol Leader.

Patrol Leaders submit the collected slips, money to the outing folder no later than the Troop Meeting on Tuesday October 13, 2015

# **BOY SCOUTS OF AMERICA - TROOP 805**

INFORMED CONSENT, RELEASE AND PERMISSION TO TREAT

## 50-Mile Bike Ride – Saturday, October 24, 2015

I hereby give permission for my son,	, to attend this outing with Boy Scou couting activities involves a certain degree of risk and can be physically
mentally, and emotionally demanding. I have or or my child to participate in this activity. I als requires participants to abide by applicable ru local council, the activity coordinators, an	couting activities involves a certain degree of risk and can be physically carefully considered the risk involved and have given consent for mysels so understand that participation in this activity is entirely voluntary and les and standards of conduct. I release the Boy scouts of America, the d all employees, volunteers, participants, related parties, or other any and all claims or liability arising out of this participation.
	hereby give express consent for a qualified range instructor to furnish to the participant for the purpose of instruction in the safe handling and designated ranges.
headache, fever, inflammation, pain; Benadry diarrhea; etc.) In case of emergency involving event I cannot be reached, I hereby give my pe secure proper treatment, including hospitaliz Medical providers are authorized to disclose provided for purposes of medical evaluation	s to give over-the-counter (OTC) medicines as needed (e.g. Aleve for allergic reactions, nasal allergies, hives and itching; Lomotil for my child, I understand every effort will be made to contact me. In the rmission to the medical provider selected by the adult leader in charge to ration, anesthesia, surgery, or injections of medication for my child to the adult in charge examination findings, test results, and treatment of the participant, follow-up and communication with the participant's the participant's ability to continue in the program activities. (All the health and safety of the Troop's members.)
Name of Parent or Guardian (please print):	
	Date:
Home Phone:	Cell Phone:
If I cannot be reached in the event of an emerge	ency, please notify the person named below:
Name:	Cell Phone:
The following information relates to my son:	
Physician's Name:	Phone:
Insurance Company:	Policy No:

Allergies or pertinent medical information (incl. Rx & OTC meds):